

CURRICULUM VITAE

LORI STEVIC-RUST

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BOARD CERTIFICATION

Board Certified Clinical Health Psychology, American Board of Professional Psychology (ABPP) #5335

LICENSURE

Board of Psychology, State of Ohio #4441

EDUCATION

Ph.D.

May 1990, Counseling Psychology, Kent State University, Kent, OH.

Dissertation: *The utility of a cognitive-behavioral intervention in the reduction of anxiety associated with the endomyocardial biopsy*

Clinical Health Internship

1989-1999, Henry Ford Hospital, Detroit, MI

M.A.

August 1986, Community Counseling, Kent State University, Kent, OH.

Thesis: *The treatment progress of emotionally and behaviorally disturbed children proximal to discharge as it relates to variables of child custody and the symptomatology of the family of origin*

B.S.

June 1985, Natural Science/Psychology, University of Akron, Akron, OH

PROFESSIONAL ORGANIZATIONS

American Board of Professional Psychologists

Consortium Against Adult Abuse

National Association of Professional Women

GrubStreet

In Counsel with Women

AWARDS

KSU Hall of Fame Inductee—Distinguished Alumni

Outstanding leadership award in the field of Adult Abuse, Awareness & Prevention by the Western Reserve Area on Aging

Advocacy Award by Consortium Against Elder Abuse

Woman of Achievement – YWCA

Corporate Keynote Speaker of the Year

Celebrating Women-Inspire Award

Woman of Achievement-Lakeland Community College Women's Center

PROFESSIONAL EXPERIENCE

August 2020-present

Appointed by Governor Mike DeWine to serve on the Alzheimer's and Related Dementia Task Force for the state of Ohio.

1991- Present

Stevic-Rust & Assoc. LLC

Healthcare Consultants & Clinical Services

Healthcare consulting and clinical practice providing services to hospitals, post-acute care facilities, senior care housing, academic institutions and individuals. Designed and conducted hundreds of leadership seminars, train the trainer programs, executive coaching, strategic planning, expert witness testimonies, operational and programming development for dementia care programs. Created the Holistic Dementia Care® certification training program for providers.

Collaborate with architect and development firms on structural and therapeutic design elements for efficient operations in memory care facilities. Organize training and education protocols for staff development in providing care for patients with comorbid dementia in acute and post-acute care settings. Assist operational team in transition from assisted living or nursing home protocols to dementia care services unique to a secured unit

Train physicians, nurses and rehabilitation staff on care protocols for patients with dementia—including early diagnostic indicators, evaluation and documentation of capacity and strategies for management of behavioral and cognitive issues.

Private clinical practice focusing on holistic health with specialty services for women in leadership, caregivers and seniors. Provide leadership briefings, workshops, training and consultation. Assessment and therapy for general psychological conditions with specialty on co-morbid medical and psychological disorders

Competency Evaluations for four counties—special focus on undue influence and capacity for wills, trust and other legal documents, competency to leaving AMA and capacity to consent for procedures and refusal of life-sustaining procedures

Lectures: Competency, Elder Abuse & Exploitation, Integrated Care Models, Depression and Anxiety, Hoarding in Seniors, Stress and Heart Disease in Women, Holistic Dementia Care® Women

Empowerment—Put on Your Big-Girl Shoes®, Cross-Racial Friendships, Inclusion and Equity, Stress Maintenance, Art of Leadership, Caregiving, Resilience and the Courage of Empathy

Coaching/Mentoring Programs:

Women in leadership

Physicians

Professional athletes

Dementia Consulting Strategic Partners

Sodexo Global/North America Division

Lake Health System

Artower Advisory, LLC

Montefiore

Arjo

2007-2020

Clinical Director, Integrative Medicine and Senior Services

Lake Health

Clinical director for Geriatric Assessment Program. Designed and established a multidisciplinary service with evaluation by geriatrician, psychologist, home safety and functional evaluation with occupational therapist, establishment of driving safety assessment with simulator and on-road evaluation. Established and conducted caregiver programs for those providing care to family members with dementia.

Created and directed senior programs and services throughout two acute care hospitals to manage pull through process of high risk vulnerable seniors to reduce bounce backs, risk reduction with emergency room services. Provided capacity evaluations for inpatients and interfaced with probate court on guardianship.

Designed and developed integrative medicine program for outpatient and inpatient services for the hospital system. Establish multidisciplinary teams to provide complementary services to traditional medicine programs for hematology/oncology, pain management centers, orthopedics, obstetrics, surgical wards etc.

Designed and coordinated changes to the inpatient environment to become more therapeutic and reduce negative outcomes. Established protocols for consults, family training, wellness clinic, and senior programming in acute care.

2001 – 2007

Clinical Director

Geriatric Assessment Program

Euclid Ave

Willoughby, OH 44094

Clinical director of a multidisciplinary assessment team for geriatric patients in the community. Provide evaluation for competency, depression, anxiety, organic brain syndromes, issues of adjustment for patient, caregivers, and family. Provided consultation to nursing care facilities. Recommendations made to Adult Protective Services, referring physicians, and community support systems.

2007- 2011

Director, Assisted Living and Dementia Care Services

University Hospitals Extended Care Campus

Member of executive team responsible for the design and implementation of integrative therapeutic programs for the Liberty Assisted Living, Corrine Dolan Dementia Care Center and the specialty hospital. Developed multi-sensory environment (snoezelen room)— first to be involved in collaborative research for dementia care.

Designed reminiscent room for use with dementia residents for cueing through long term memory- used for memory activities, time slip programs and family visits. Expanded intergenerational program with collaboration of local schools and community centers. Coordinated and expanded music therapy department and therapeutics throughout the campus and YMCA aquatic center.

Initiated and coordinated collaborative research projects with national facilities.

1994 – Present

Media Consultant

On- air psychological contributor to national television and radio stations.

2000 – 2009

Host, *Health Pulse* and *BHTV* Cable Talk Show

Contributing Writer, Huffington Post

2006 – 2010

Program Development Consultant

Lake Hospital Systems

Designed and implemented training programs for wellness coaches for preventative and wellness grant (3 years)

Designed and implemented stress management series for caregivers of patients suffering from Alzheimer's disease.

Team Member of Integrative Medicine Group tasked with developing a program for the hospital. Responsibilities include on-site review of national programs

2006 – 2007

Dementia Care Consultant

University Hospitals Extended Care Campus

Program review and development for dementia care services. Responsibilities include review of international use of Dementia Care Mapping program, meet with representative from UK, Denmark, Sweden, Japan and Australia. Review use of program at University Extended Care Campus with recommendations for dementia programming at the Dolan Center.

Design comprehensive evaluation and programming services for all of the dementia care service line throughout the facility including assisted living and dementia care units.

1991-Present**Health Psychologist**

Lake Hospital System

Provide inpatient consultation to medical and surgical wards. Consultations include competency, depression, anxiety, organic brain disorders and behavioral management issues. Serve as consultant for the development and implementation of programs such as stress management for the community, local businesses and hospital based programs. Serve as liaison for outreach community geriatric services.

Member of the following committees:

Education, Ethics, Task Force for Geriatric Services, Sports Medicine

2001- 2010**Health Psychologist**

University Hospitals Extended Care Campus

Provide inpatient psychological evaluations for acute floors as well as rehabilitation units. Evaluations include competency, differential diagnoses of delirium, dementia, depression, anxiety and safety issues.

March 1989 – August 2004**Senior Health Psychologist / Renal & Transplant Division**

Veterans Administrations Hospital

10701 East Boulevard

Cleveland, OH 44116

1993 – 2001 & 2014- present**Clinical Director**

Geriatric Assessment Program

Lake West Hospital

Euclid Ave

Willoughby, OH 44094

Board Member

2017- Present

Nana's Tribe Foundation

Founder and President

Nana's Tribe Foundation brings seniors and youth together to eliminate isolation and bias through generational connections that fosters learning and inspires purpose.

2008-2019

Lake County Council on Aging
Chair

Goal as incoming Chair was the facilitation of strong partnerships with Lake Health and other senior organizations within the county to more fully support the mission. Develop more fully the case management division to triage high risk seniors to appropriate services. Integrate and collaborate with probate court on issues of guardianship.

2016-2018

Centers for Dialysis Center

2012- 2019

Alzheimer's Association
Professional Advisory Panel

2012-2015

Kent State University Alumni Board

2013-2014

United Way Campaign Chair

2008-2012

Homebound Senior Task Force

Mission to bring members from a wide variety of subspecialty areas including law enforcement, case management, adult protective services, health psychology, medicine, faith based organizations and home health providers for the purpose of keeping seniors safe as they age.

2000-2005

Camp Sue Osborn

An organization that provides residential and day camp experiences for physically and mentally handicapped children. Served on fund raising and public relations committees

2005-2007

New Directions for Living

An organization that offers a dual approach to helping homeless or near homeless individuals and families to help themselves. They offer a self-sufficiency program as well as affordable transitional housing for up to 24 months. The program works with clients to develop goals and life skills such as job skills training, work ethic, self-esteem, mental health and substance abuse issues with the ultimate goal to maintain self-sufficiency through independent housing and ultimately improve quality of life. Serve on committee for clinical supervision of case managers in the field and program development.

Publications

Books

L.Stevic-Rust - Lily's Red Shoes of Courage
Integrative Publishing, August 2019

L. Stevic-Rust - Put on Your Big-Girl Shoes: Stepping into Courage, Resilience and Gratitude
Integrative Publishing, December 2016

L. Stevic-Rust - Greedy for Life
Integrative Publishing, February, 2013

L. Stevic-Rust and A.Maximin - The Stop Smoking Workbook: Your Guide to Healthy Quitting.
New Harbinger Publications Inc. Oakland, CA., January 1996

A. Maximin, L. Stevic-Rust, L. White Kenyon - Heart Therapy: Regaining Your Cardiac Health.
New Harbinger Publications Inc. Oakland, CA, Spring 1998

L. Stevic-Rust and A. Maximin - Treating Depression in the Medically Ill
New Harbinger Publications Inc. Oakland, CA, January 2000.

Contributing Writer — Dr. Lori Column

Cleveland Business Magazine

American Magazine -National Publication

Huffington Post-Healthy Living

HuffLive